



QCHI E-Newsletter

QCHI Case Statement

Learn about how the Quad City Health Initiative is working to create a healthy community by reading our newly created Case Statement.

[View QCHI Case Statement](#)



QC Trail of the Month

Each month, we highlight a trail in the QCA to help you plan your next trail adventure.

Smith's Island Nature Trail, Iowa

Located next to Lock and Dam 14, Smith's Island is largely spared from flooding. As a result, broad leaf forests can mature, which leads to an ecosystem that is more typical of upland areas. The island is home to many birds year round in addition to migratory birds. The Smith's Island Nature Trail starts off by crossing the lock leading into an open area with two picnic pavilions. The trail bears left across a causeway, then enters the woods, which is also the start of the loop. The whole walk including the loop is 1.17 miles. Throughout the trail there are interpretive signs to learn more about the ecosystem in the area, as well as a handful of benches located alongside the path.

Visit QCTrails.org



Final Community Health Assessment Results

The Community Health Assessment Steering Committee is excited to share that the 2018 report has been finalized. The 2018 Community Health Assessment, a follow-up to similar studies conducted in 2002, 2007, 2012 and 2015, is a systematic, data-driven approach to determining the health status, behaviors and needs of residents in Muscatine and Scott Counties, Iowa, and Rock Island County, Illinois. The Community Health Assessment can be used to inform decisions and guide efforts to improve community health and wellness.

[View 2018 Community Health Assessment](#)

