



**PICH Partner Profile**

Let's learn about another partner we'll work with all year!

**Bi-State Regional Commission**

**Involvement in Be Healthy QC:** As a [Be Healthy QC Coalition](#) member, Bi-State staff report on the Built Environment, including a status of bike and pedestrian facility construction, Safe Routes to Schools planning, and development of the QCTrails.org interactive website. With a role in metropolitan and regional transportation planning, it was a natural partnership for Bi-State Regional Commission to be part of the [PICH Grant](#) to link transportation and community health. The Safe Routes to Schools and QCTrails.org components of the PICH grant align with a number of long range transportation goals. Increasing mobility options for non-motorized travel - biking and walking, is one goal. Another is promoting connectivity to desired travel destinations like schools, parks and our downtowns via sidewalks, shared use paths or bicycle lanes.

**Year Established:** Bi-State Regional Commission was established in 1966. The Agency is celebrating fifty years of working with its member local governments for cooperation, prosperity, reinvention, diversification, revitalization and inspiration.

**Mission:** The Agency's mission is to provide direct technical assistance to member cities and counties in the five-county region, and to facilitate joint, cooperative efforts to make the region better. Local governments decided years ago to address various transportation, land and economic development and environmental planning issues together. One Region's key strengths is its diverse two-state area with member governments ranging in population from 300 to 165,000. Bi-State staff serve members in a variety of ways, including planning for transportation, community and economic development, hazards and resilience, riverfront and environmental resources, and programs for joint purchasing and revolving loans, as well as providing mapping, graphics and data services. The 34-member Bi-State Regional Commission Board meets monthly and is comprised of 71% elected officials and 29% citizen appointments.



**QC Trail of the Month**

Each month, we highlight a different trail from the Quad Cities area.

**Prospect Park Walking Path - Moline, Illinois**



Prospect Park is open all year long!

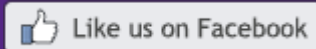
Did you know several QC Trails are kept clear of snow and ice in the winter months? Prospect Park Walking Path in Moline is the perfect place to get out for a breath of fresh air and beat cabin fever. Take a stroll along the 2.1 mile network of walking paths throughout the park. Enjoy the view of the park's fishing pond as you walk. Or experience a variety of wildlife species that are abundant in the park. Visit [QCTrails.org](#) to learn more about [Prospect Park Walking Paths](#) and others!

**Want to be recognized for the employee health work your organization or business is doing?**

**Take our Be Healthy QC Worksite Wellness Healthy Workplace Assessment!**

Businesses that meet at least 10 of the 20 items on the assessment found at the link below will receive a letter and certificate of recognition for their worksite wellness efforts, as well as a window cling to display at the entrance of their business. If you would like your business to be recognized for your progress in creating a healthy workplace, please download and complete the assessment linked below and return it to: [quadcityhealthinitiative@gmail.com](mailto:quadcityhealthinitiative@gmail.com).

**Take Our Assessment Here**



Quad City Health Initiative  
563-421-2826  
[evansrachel@genesishealth.com](mailto:evansrachel@genesishealth.com)  
<http://www.qchealthinitiative.org>



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Quad City Health Initiative, Davenport Medical Center (West Campus),  
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