



Check it out!

Partnerships to Improve Community Health (PICH) 2017 Report

Interested in learning more about the impact of the work through our PICH Grant? Read our PICH 2017 Report. Learn about the history, project elements, and results of our work over the past three years.

We've uploaded the report to our [Be Healthy QC Webpage](#) and hard copies are available upon request.



QC Trail of the Month

Each month, we highlight a trail in the Quad Cities area to help you plan your next trail adventure.



Crow Creek Park Trail - Iowa

Beat winter blues and get active by hitting the trail! The Crow Creek Park Trail is a 1.4 mile paved trail that links the Middle Road Sidepath and Crow Creek Park, perfect for users of all abilities. The trail is plowed in the event of snow, making it an ideal winter destination. If you have a four-legged friend to bring along for the fun, you can stop at the Crow Creek Dog Park. Don't forget to check the weather and dress appropriately to stay safe while on the trails any time of year!

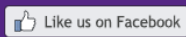
Visit QCTrails.org to learn more about this and other trails!



**Is employee health important to your organization or business?
Join over 25 other local businesses and get recognized as a Be Healthy QC Worksite!**

If your business would like to be recognized for your progress in creating a healthy workplace, please download and complete our Be Healthy QC Worksite Wellness Healthy Workplace Assessment then return it to: quadcityhealthinitiative@gmail.com. Businesses that meet at least 10 of the 20 items on the assessment will receive a letter and certificate of recognition for their worksite wellness efforts, as well as a window cling to display at the entrance of their business.

[Take Our Assessment Here](#)



Quad City Health Initiative
563-421-2826
evansrachel@genesishealth.com
<http://www.qchealthinitiative.org>

